

# Van Heerling Books



[THREE QUESTIONS WITH VAN HEERLING](#)

[BLOG](#)

[DREAMS OF ELI](#)

[MALAIKA](#)

[AUTHOR](#)

[MORE...](#)

## Three Questions with Van Heerling. My Guest Today is Mary Ann Bernal. @BritonandDane

12/03/2012

0 Comments

**Welcome to Three Questions with Van Heerling. This is where you get to meet authors, actors, painters and anyone else that is bent toward the arts, but on a more personal level.**

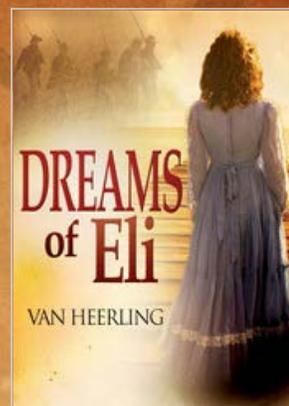
Today I welcome Mary Ann Bernal, author of *The Briton and the Dane* novels.

**VH:** For what are you grateful?

**MAB:** I've always been lucky with my health and vitality. People tell me I don't look anywhere near my age. In fact, no one has *ever* guessed my age correctly, so I guess I can't complain about anything. I walk the treadmill 4 miles a day and keep as active as I can. When I was in Greece last month, I was racing up stairs carved in 300BC while others in the group decided to sit it out. And I have pictures of my feet standing on the ancient steps and Roman roads. How can I not be grateful for this gift?

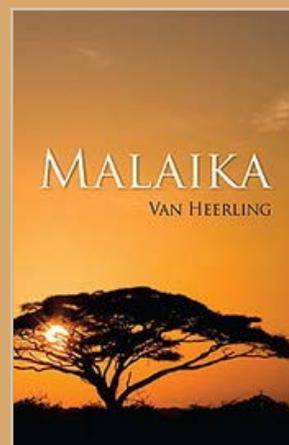
**VH:** I think you have me beat. When was the last time you felt alive? I mean really alive!

**MAB:** Last month, while visiting Greece. The ruins at Ephesus, Corinth, and Philippi, and the burial mound of King Philip, Alexander the Great's father...and The Acropolis where The Parthenon towers majestically over the city of Athens...and the Porch of the Maidens, and the list goes on! My thousand plus photos, yes the number is correct, are available on my shutterfly webpage, and if anyone is interested in viewing them, they may



DREAMS OF ELI  
Available at Amazon

Thank you readers for downloading MALAIKA over 45,000 times.



MALAIKA  
Available at Amazon

"In this life, seek your own answers, and quote yourself for a change." ~vh~

contact me at [www.maryannbernal.com](http://www.maryannbernal.com) for the url link. The weather was fantastic, the company was terrific, and the Moussaka was to die for!

**VH:** If a zombie virus took over the world, how many days do you think you could last before you were infected? And what would you do to postpone the inevitable?

**MAB:** Oh I'm tough. Come get some, buster!! The Zombie virus would get nowhere near me. I'm from New York!! We survive anything. I'd be like Charlton Heston in the Omega Man – I'd be the Last Woman on Earth. Not a single microbe would get through the door. But if it was inevitable, I would stock up on Advil and extra Listerine and pass the time until doomsday with a nonstop Spartacus: Gods of the Arena marathon with my heartrhrob Gannicus!! What a way to go...

**VH:** You paint quite a picture! Thank you Mary Ann.



After the last of Rome's legions left Britannia to the mercy of the invading barbarian hordes and before the age of chivalry, when knighthood was in flower and troubadours sang of courtly love, there lived a King whose love for his people and the land left a legacy coveted by his descendants who sought to wear his crown. Travel back in time to the late Ninth Century, to the tumultuous days in the reign of Alfred the Great who successfully defeated the Danish Viking King Guthrum and kept his precious Wessex free from Viking rule. Journey to the Burh of Wareham where Lord Richard oversees

the training of Alfred's army; where his children, Stephen, David and Gwyneth, swear fealty to their King and support his vision to build a nation to rival the glory that once was Rome in a land ravaged by war and conquest.

- US Amazon
- UK Amazon
- Germany Amazon
- France Amazon
- Japan Amazon

(*The Briton and the Dane: Concordia* will be available early 2013)

**Author Bio:**

Mary Ann Bernal, author of *The Briton and the Dane* novels, is an avid history buff whose area of interest focuses on Ninth Century Anglo-Saxon Britain during the Viking Age. While pursuing a degree in business administration,



**FREEBOOKS&TIPS.COM**

*The muse has tapped my shoulder and my ear is turned toward her lips. I am waiting for her whisper. ~vh~*

## Archives

- December 2012
- November 2012
- October 2012
- September 2012
- August 2012



she managed to fit creative writing classes and workshops into her busy schedule to learn the craft, but it would take decades before her "Erik the Viking" novel was ultimately published.

Mary Ann is also a passionate supporter of the United States military, having been involved with letter writing campaigns and other support programs since Operation Desert Storm. She has appeared on The Morning Blend television

show hosted by KMTV, the CBS television affiliate in Omaha, and was interviewed by the Omaha World-Herald for her volunteer work. She has also been a featured author on various reader blogs and promotional sites.

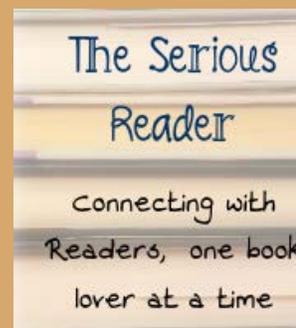
Mary Ann is a New York "expat," and currently resides in Omaha, Nebraska.



July 2012  
June 2012  
May 2012  
April 2012

## Categories

All

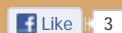


 [RSS Feed](#)

### Need More Mary Ann Bernal?

[Website](#)

[Twitter](#)



### Comments

## Leave a Reply

Name (required)

Email (not published)

Website

Comments

Notify me of new comments to this post by email