## Gladiator's Pen

Simply put this blog is about the battle our muse does in the arena. Conquering the villainous plot ninjas, to reach the last word of the last page. There will be musings, short stories, chapters of books.... all sorts of things.


Gladiator's Pen: Chat with author Mary Ann Bernal and WIN a SIGNED copy of The Briton and the Dane: Legacy

The Gladiators
₹+ Rose Wade
₹+ Elise VanCise

Outlaw Rose Wade's pRose


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ML for Lake County, FL


Nominate me for a Shorty Award


Nominate Me
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VanCise for a social

Tell us a bit about the book/s.
The Briton and the Dane trilogy follows the adventures of Lord Richard and his offspring, Stephen, David and Gwyneth. King Alfred has just defeated King Guthrum, the terms of the treaty have been agreed to, and King Guthrum has already been baptized. However, the Danish King still remains on Wessex soil, making preparations to return to his lands in East Anglia.

The story begins with Gwyneth atop the Keep in the early evening hours, enjoying the solitude when she sees movement on the beach. Of course she must investigate, which is how she meets Erik, who is wounded. She hides her Danish Prince from her father, Lord Richard, who oversees a training camp for King Alfred's recruits, aided by his sons, Stephen and David. Gwyneth tends to Erik's wounds in secret, while rumors of a Viking invasion are spreading throughout the countryside.

This epic adventure runs the gamut of deception, treachery, intrigue, and betrayal during a time of war and conquest, requiring three novels to complete the story. I enjoyed every moment writing the saga.

What was your favorite resource for historic information during your research? "The Anglo-Saxon Chronicle" and Asser's "Life of King Alfred and Other Contemporary Sources." Documentation of this era is sparse because monastic libraries were burned during the Viking raids.

If you were to be dropped into The Briton and the Dane for a day what would you do? In "The Briton and the Dane: Birthright," we have the Festival of the Ancient Games, which includes a Roman chariot race. Did Alexander from the Papal City of Rome defeat Draco of Athens - you'll have to read the story to find out, but my champion did win.

Do you have a writing routine or ritual you follow?
My writing routine varies. Initially I would write in the morning but soon found myself working eight to twelve hour days - once in Wessex, I did not want to leave. Changing the time to afternoon did not help much either because I found myself burning the midnight oil. So, I followed Stephen King's advice to write a few hours a day, every day, and once your word count goal is reached, you are done, because life beckons.

The ninth century is vastly different from today from language, customs, even the every day activities. Do you find it difficult to write in a historic period or is it easy to submerse yourself there?
After three novels I am so immersed into ninth century Wessex that I sometimes have to reword emails or letters, but occasionally I just keep a favorite word. I find I have used "I am not privy to this information" quite a bit lately, but for the most part, when I return to this century I make a concerted effort to remain here.

## What are three things ever present in your writing space?

My children found an electronic typewriter table that is adjustable, which is fantastic for keeping back and neck issues to a minimum. If I sit too long, I can raise the table and stand - how great is that! I am also surrounded by my characters - I did cast every person in my novels, all dressed in period clothing, all demanding more dialogue. No wonder my characters take over! My IPod constantly plays period music, which keeps me in Wessex. Some of the soundtracks are from King Arthur, Beowulf, The Last Legion, Centurion, The Eagle, Outlander, Tristan \& Isolde, Merlin - and the list goes on and on, and yes, I am really into this stuff.

What do you do to get past the dreaded "writer's block"?
In my opinion writer's block does not exist. There may be a day you are unsure of the direction you wish to take in the story, which may cause a delay in writing. I think if you are staring at a


Books By Elise VanCise

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blank piece of paper, you should just write whatever pops in your head and take it from there. If it is not needed for the story, delete it. If you find yourself agitated, take a mental health day. If you are not having fun, then you need a new career

Do you have any upcoming releases or events?
Since I could not say goodbye to the trilogy, I am currently writing "The Briton and the Dane: Concordia," available 2013.


